




Ministry of
JUSTICE


National Offender
Management Service


BeNCH CRC Building Better Relationships

A Programme for male perpetrators of
domestic abuse

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- A man bumps into you in a bar and says ‘You are the ugliest piece of shit I have ever seen’
 - What do you do?

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- A man bumps into you in a bar and says ‘You are the ugliest piece of shit I have ever seen’ and spits in your face
 - What do you do?

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- A man bumps into you in a bar and says ‘You are the ugliest piece of shit I have ever seen’ and spits in your face. You are holding your baby daughter
 - What do you do?

BBR Building Better Relationships

- **Research on motivation and engagement:**

- Focus on self directed goals
- Focus on individual strengths rather than deficits
- Developing therapeutic alliance through individual key-work sessions

- **Research on reactive/instrumental violence**

Research suggests that the function of violence can be both reactive and instrumental. BBR aims to allow for a range of pathways into DV and consider the underlying factors which drive violence, aggression and control in relationships.

BBR Programme aims

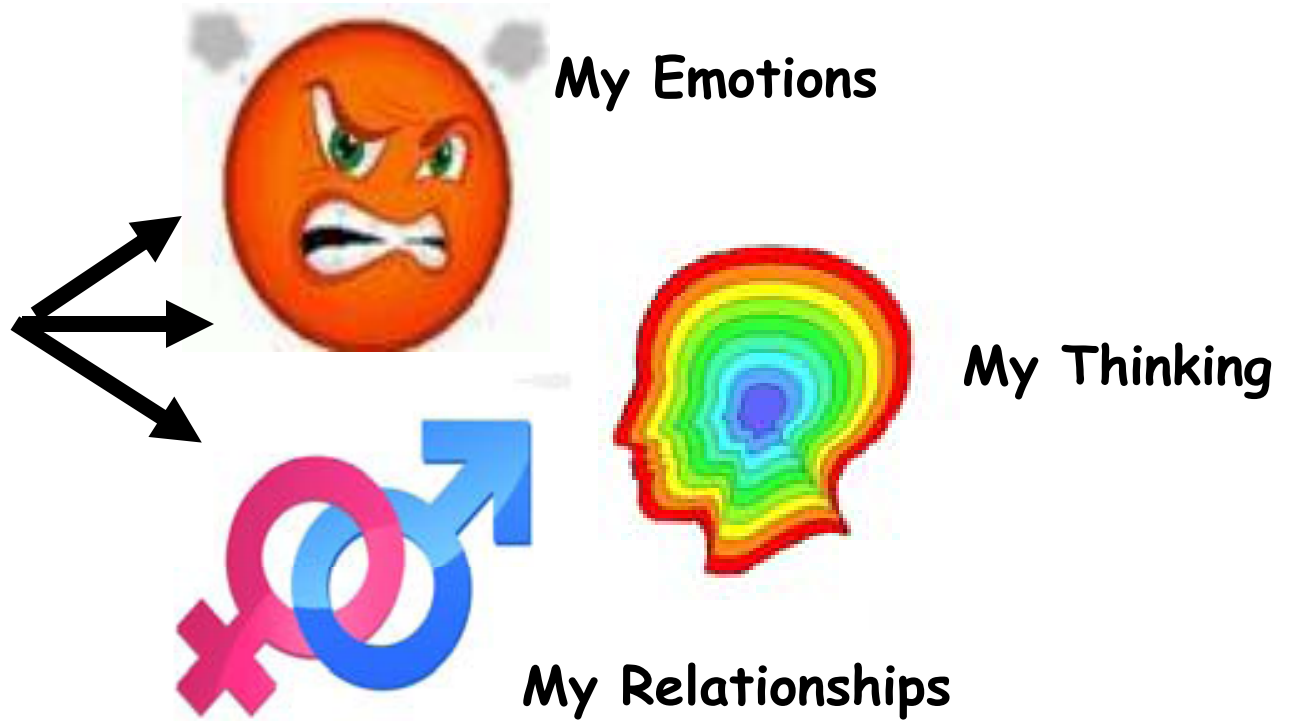
The overarching aims of the Building Better Relationships Programme:

- **Reduce re-offending** and promote the safety of current and future partners and children.
- **Work collaboratively** with other agencies to manage risk
- **Help men achieve a better understanding** of why they use violence and aggression in their intimate relationships, the attitudes and beliefs that underpin their behaviour and what factors reinforce and maintain their use of that behaviour in that context.

BBR Modules



Foundation module



My Emotions

My Thinking

My Relationships

Assessment of suitability

- Men 18+
- Offended within heterosexual relationship
- Victim is current partner or previous intimate partner
- Index offence is IPV and they are medium or high risk

BBR in Cambridgeshire

- 7 BBR groups running across Cambridgeshire, 3 in Huntingdon and 4 in Peterborough
- Groups run at the weekends and weekday evenings
- 111 men are attending these groups
- 8 men attend through CAFCASS referrals

Partner Link Worker

- Every Victim/Survivor is contacted. Support is offered to all victims/survivors and new partners when the perpetrator is on BBR.
- PLW contact is confidential and status of engagement with client is not shared with the group member.
- Risk Assessments, Safety Planning, Signposting and Multi-Agency approach.
- PLW remains active for the life time of the Probation Order



- Questions?